



## 316-3 Student Anaphylaxis Support Plan

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School Year: 20\_\_ to 20\_\_

School: \_\_\_\_\_ Homeroom  
Teacher: \_\_\_\_\_

### Student Information:

Name: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Grade: \_\_\_\_\_

Photo: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone # \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone # \_\_\_\_\_

Physician: \_\_\_\_\_

Phone # \_\_\_\_\_

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### Description of student's health/medical condition(s):

### Care Needed:

- avoidance strategies
- apparatus or specialized equipment

### Avoidance Strategies (**select appropriate strategies**):

- Eat only food which they have brought from home unless it is packaged, clearly labelled and approved by their parents.
- Wash hands with soap and water before and after eating.
- Not share food, utensils or containers.
- Place food on a napkin or wax paper rather than in direct contact with a desk or table.
- Parents of students who share a classroom, school bus, or lunchroom with a student at risk of anaphylaxis will be asked to refrain from sending foods containing the allergen.
- Adults will supervise young children who are eating.
- School administrators, teachers, parents, and foodservice staff will work together to ensure that food being served during lunch, special events, and snack programs do not pose a threat to students at risk of anaphylaxis.
- Insect nests will be professionally relocated.

Care:

Student's Ability to self-administer / self-care:

Additional instructions: i.e. What apparatus is needed, if any? Care of apparatus.  
Storage/accessibility of medication.

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### Medication Plan

The parent/guardian makes this request in the knowledge that school personnel may have no special training or limited training in the administration of the medication/personal care. The parent/guardian must inform the principal/designate of any changes in the administration of the medication/personal care and a new Student Health Support Plan must be completed.

The parent/guardian will give the school the physician prescribed medication in its original container with the current pharmacy label attached. The medication dose schedule has been planned so that a minimum number of doses will be given at school. Medication/Personal care supplies and refills will be supplied to the school when necessary.

The parent/guardian accepts responsibility to ensure the safe transportation of medications/personal care supplies to the school. The parent/guardian hereby acknowledges that the principal/designate has been authorized to administer the prescribed medication/personal care and hereby releases the principal/designate and Clearview Public Schools from any claim for harmful effects resulting from the administration of the prescribed medication/personal care. The parent/guardian hereby agrees to indemnify and save harmless the principal/designate and Clearview Public Schools from all claims that may result.

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This plan is intended for physician prescribed medications including PRN and over the counter medications. For all students with severe allergies and anaphylaxis also complete the Student Anaphylaxis Support Plan form.



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	<b>Medication #1</b>	<b>Medication #2</b>
	<input type="checkbox"/> Monitor <input type="checkbox"/> Administer	<input type="checkbox"/> Monitor <input type="checkbox"/> Administer
	<input type="checkbox"/> Pharmacy information sheet is provided	<input type="checkbox"/> Pharmacy information sheet is provided
Medication Name		
Therapeutic effect(s)		
Possible side effects(s)		
Plan of action for possible side effect(s)		
Dose		
Route of administration (e.g. by mouth)		
Time(s) to be administered		
Start date of medication		
Finish or review date		
<b>Complete During Meeting</b>		
Medication location for administering/monitoring		
Name of staff member administering/monitoring		
Alternative staff member administering/monitoring		
Special instructions		

\_\_\_\_\_  
Parent / Guardian Name (Print)

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Principal / Designate Name (Print)

\_\_\_\_\_  
Principal / Designate Signature

\_\_\_\_\_  
Date

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### Emergency Care Plan

Signs of an Emergency:

- 1.
- 2.
- 3.
- 4.

Steps:

1. Call 911
2. Call parents / guardian
- 3.
- 4.

Monitoring: A person having an anaphylactic reaction might have ANY of these signs and symptoms:

- Skin: hives, swelling, itching, warmth, redness, rash
- Respiratory (breathing): wheezing, shortness of breath, throat tightness, cough, hoarse voice, chest pain/tightness, nasal congestion or hay fever-like symptoms (runny itchy nose and watery eyes, sneezing), trouble swallowing
- Gastrointestinal (stomach): nausea, pain/cramps, vomiting, diarrhea
- Cardiovascular (heart): pale/blue colour, weak pulse, passing out, dizzy/lightheaded, shock
- Other: anxiety, feeling of “impending doom”, headache

Act quickly. The first signs of a reaction can be mild, but symptoms can get worse very quickly.

1. Give epinephrine auto-injector (e.g. EpiPen®) at the first sign of a known or suspected anaphylactic reaction.
2. Call 9-1-1 or local emergency medical services. Tell them someone is having a life-threatening allergic reaction.
3. Give a second dose of epinephrine as early as 5 minutes after the first dose if there is no improvement in symptoms.
4. Go to the nearest hospital immediately (ideally by ambulance), even if symptoms are mild or have stopped. The reaction could worsen or come back, even after proper treatment. Stay in the hospital for an appropriate period of observation as decided by the emergency department physician (generally about 4-6 hours).
5. Call emergency contact person (e.g. parent, guardian).

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The school personnel listed below have received the necessary training to provide the care described above.

NAME	TITLE
] All Staff	
_____	_____
_____	_____
_____	_____

I have verified that \_\_\_\_\_ technique employed by the above named persons for the  
(Name of service)  
 care of this student and find it acceptable.

_____ *Authorized health care professional (Print)	_____ Signature	_____ Date
_____ Parent / Guardian (Print)	_____ Signature	_____ Date
_____ Principal (Print)	_____ Signature	_____ Date
_____ Teacher (Print)	_____ Signature	_____ Date
_____ Other (Print)	_____ Signature	_____ Date

Supporting Documentation: \_\_\_\_\_

**\* Note: The signature of an authorized health care professional may be required by the Principal depending on the level of complexity of the service requested.**